

Impact of Online & Video Games on human brain (Specifically developing brains of children and teens)

Interactive session:

- Highlighting the effects of virtual reality on physical, psychological & neurological developments / aspects in an individual, families & societies at large.
- Sharing real examples from my practice of internet/gaming addictions in young children & adults.
- Stressing the impact of currently raging games like Pokémon Go, Clash of Clans, Candy Crush & video games on consoles like Xbox 360, PS4, PlayStation, Wi-Fi.
- Stressing the significance of where to draw a line & how

